

Topic: COVID-19

In response to the recent COVID-19 concerns: Yes, we are open and available if you need us. We want to assure you that we are taking the recommended precautions to keep our patients and families safe. Maintaining your child's health is our priority.

We are reassessing our processes and procedures daily as things change. Currently we have implemented the following:

- Implementation of more stringent sanitizing: common areas are wiped down with disinfectants at least daily, exam rooms are wiped down between visits, toys and books have been removed from common areas and exam rooms.
- Continuing to follow universal precautions.
- Using separate entrances for sick children appointments and non-sick appointments.
- We've virtually eliminated the waiting room and instead ask that you wait in your car with your child, call the office when you arrive for your appointment, and someone will escort you to a separate entrance.
- Rooming patients as quickly as possible.
- Designated exam rooms for sick visits and non-sick visits
- Screening questions for COVID-19 upon appointment scheduling
- Offering [telehealth](#) visits.

Telehealth or Virtual visit – is like Facetime with your provider from the comfort of your own home. Many sick and non-sick visits: fevers, pink eye, rashes, behavior health, asthma, acne, eczema 'flares', coughing, sneezing, medication refills and others can be accomplished via Telehealth. Telehealth visits are covered by most major insurances including Medicaid. We are here for you. Call the office to schedule.

We are doing everything we can do, even in the face of COVID 19 and social distancing, to make sure your child can get his/ her check-up, especially if he/she needs vaccines. Vaccine preventable diseases are real. We want to help protect your child/adolescent. If your child is 2 months, 4 months, 6 months, 9 months, 12 months, 15 months, 18 months, 24 months, 30 months, 4-6 years, 11 years, or 16 years of age, he/she most likely needs vaccines.

Stay safe and be well. Please reach out if you need us. We are here for you!

We do ask if you or your child has a fever, cough, shortness of breath, or has traveled to a location where cases of COVID-19 has a high risk of transmission, or has been exposed to individuals diagnosed with COVID, please call our office. We know these are stressful times and are here to support you and your family in any way possible. Please call us with any questions or concerns, whether it relates to health, billing, or our processes. (907) 586-1542

Helpful Resources:

How Covid-19 spreads https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-covid-spreads.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprepare%2Ftransmission.html - CDC

Talking to children about COVID-19- <https://www.healthychildren.org/English/health-issues/conditions/chest-lungs/Pages/2019-Novel-Coronavirus.aspx> -American Academy of Pediatrics

[Kid Friendly Video on COVID-19](#)

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

<https://educators.brainpop.com/2020/02/12/timely-topic-calming-kids-fears-about-coronavirus/> from Brain Pop

To see the most current case counts and information, please visit [Alaska Department of Health and Social Services Coronavirus Response Hub](#)